

Don't forget to 'PACE' yourself!

	Physical	Agitation/Aggression	Communication	Environment												
WHAT TO OBSERVE	<p>Mini Assessment</p> <table><tr><td>1. Bed mobility</td><td>Roll onto side in bed</td></tr><tr><td>2. Transfer into Sitting</td><td>Sit up on edge of bed from side lying position</td></tr><tr><td>3. Sitting Balance</td><td>Sitting on the edge of the bed upright with hands in their lap</td></tr><tr><td>4. Sit to Stand</td><td>Weight bearing ability while seated</td></tr><tr><td>5. Stand/Walk/Transfer</td><td>Stand-up and initiate a step</td></tr><tr><td>6. Walk/Transfer</td><td>Stability and weight bearing ability while standing</td></tr></table>	1. Bed mobility	Roll onto side in bed	2. Transfer into Sitting	Sit up on edge of bed from side lying position	3. Sitting Balance	Sitting on the edge of the bed upright with hands in their lap	4. Sit to Stand	Weight bearing ability while seated	5. Stand/Walk/Transfer	Stand-up and initiate a step	6. Walk/Transfer	Stability and weight bearing ability while standing	<p>Does the person have:</p> <ul style="list-style-type: none">• Clipped or angry speech?• History of agitated/aggressive behaviour? <p>Is the person:</p> <ul style="list-style-type: none">• Using angry facial expressions?• Refusing to communicate?• Using threats or threatening gestures?	<p>Pay attention to the person’s ability to:</p> <ul style="list-style-type: none">• Answer simple questions (e.g., how are you doing today?)• Follow your instructions (e.g. can you bend your knees for me?)	<ul style="list-style-type: none">• Is the environment, including the floor, clear of obstacles?• Is there enough space to access the person and use any necessary equipment?• Is all necessary equipment present?• Is the mattress surface safe for the person to perform assessment activities?
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OKAY TO PROCEED	<p>INDEPENDENT: The person is able to complete the mini assessment (up to the functional level of the handling and mobility task to be done).</p>	<p>NON-AGGRESSIVE: The person does not appear agitated/aggressive, does not have a history of agitated/aggressive behaviour, and the healthcare worker does not expect this to change during handling.</p>	<p>SUFFICIENT COMMUNICATION: The person is able to answer simple questions appropriately, follow simple instructions without difficulty, and repeat words back without mistakes.</p> <p>CAN FOLLOW COMMANDS: The person has some difficulty responding to the healthcare worker, but is able to follow instructions without difficulty.</p>	<p>NO OBSTACLES: The environment is clear of obstacles, there is enough space to access the person and to use required equipment, the required equipment is present, and the floor is safe.</p>												
PROCEED WITH CAUTION	<p>MINIMAL ASSISTANCE: The person requires minimal assistance (each healthcare worker is applying no more than 35 lbs. of lifting force) to complete all of the above activities (up to the functional level of the handling and mobility task to be done).</p>	<p>UNPREDICTABLE: The person does not appear agitated/aggressive; however, they have a history of agitated/aggressive behaviour, and the healthcare worker is unsure if the behaviour will change when delivering care.</p>	<p>LIMITATIONS: The person has limitations in their communication as a result of diminished use of a faculty (e.g., hearing or speech impaired) or speaks a different language than the healthcare worker.</p>	<p>MOVABLE OBSTACLES: The environment can be altered for safe handling (e.g., obstacles can be moved, equipment can be obtained.)</p>												
STOP! GET ASSISTANCE	<p>MODERATE-MAXIMUM ASSISTANCE: The person requires moderate to maximum assistance (each healthcare worker is applying more than 35 lbs. of lifting force) to complete any of the above activities.</p>	<p>MODERATE: The person shows signs of aggressive behaviour at the time of assessment.</p>	<p>CANNOT COMMUNICATE: The person is unable to communicate with healthcare worker or follow simple instructions.</p>	<p>OBSTACLES: There is no way to alter the environment for safe handling.</p>												